Lunch is provided by

New Frontiers natural marketplace

...made with fresh local ingredients

Select a gourmet sandwich or salad for each person when you schedule your tour.

SANDWICHES

Sandwiches come with a side of organic sliced carrots and celery with ranch dressing and sides of house mustard and mayonnaise. Gluten-free bread is available.

Oven Roasted Turkey Breast
Fresh focaccia bread with Swiss cheese, lettuce, tomato, sprouts, carrots, cucumbers, and onions

Southwest Blackened Chicken
Grilled blackened chicken, Jack cheese, green chilis, tomato, red onion, lettuce, and cilantro mayo, on focaccia bread

Black Forest Ham
Fresh focaccia bread with swiss cheese, lettuce, tomato, sprouts, carrots, and cucumbers

Roast Beef
Sliced Roast beef, cheddar cheese, lettuce, tomato, carrots, cucumber, roasted red pepper, horseradish, mayonnaise, on Focaccia Bread

Bacon, Lettuce & Tomato
Traditional BLT made with nitrite-free bacon, fresh tomato and lettuce, mayo on whole wheat bread

Grilled Tri Tip
Grilled tri tip, avocado, queso fresco, cilantro mayo, pico de gallo, on a hoagie roll

BBQ Tri Tip
Sauteed onions, cheddar cheese, barbecue sauce and mayo

Chipotle Tri Tip
Sauteed onions, provolone cheese, and chiptole aioli on a hoagie roll

Italian Sub
Fresh hoagie roll, ham, soppressata, pepperoni, provolone, tomato, red onion, red leaf lettuce, pepperoncinis, and Italian dressing on side

Bacon, Goat Cheese and Date
Nitrite-free bacon, goat cheese, dates, arugula, balsamic glaze, on focaccia bread

Veggie
Fresh focaccia with olive & caper tapenade, roasted red pepper, guacamole, tomatoes, feta cheese, and cucumber

Avocado Delight
Avocado, lettuce, tomato, carrots, cucumbers, cheddar cheese, Veganaise and Spike seasoning, on whole wheat bread

SALADS

All dressings come on the side.

Chef Salad
Mixed greens, roast turkey breast, ham, cheddar cheese, carrots, red cabbage, cucumber, tomato, and sprouts with Ranch dressing

Cobb Salad
Fresh romaine, roast turkey, grape tomatoes, blue cheese, bacon, hard boiled egg, with Ranch dressing

Greek Salad
Mixed greens, feta, Greek olives, red onion, cucumber, tomato, and dolma with Greek dressing

Asian Salad
Mixed greens, roast turkey, red and yellow bell peppers, golden raisins, and almonds with Asian dressing roll

Chicken Caesar Salad
Roast chicken breast, romaine, croutons, red onion, tomato, Parmesan, with Caesar dressing

Antipasto Salad
Romaine, provolone, black olives, salami, pepperoni, red onion, artichoke hearts, garbanzo beans, and pepperoncinis with Italian dressing

EXTRAS

Made fresh locally every day!

Potato Salad — *½ pound (vegan, organic)*	**$7.50**
Macaroni Salad — *½ pound*	**$7.50**
Chocolate Chip or Oatmeal Cookie	**$2.00**
Potato Chips — *1 oz package*	**$3.00**
Demi-Baguette — *sandwich size*	**$4.00**
Cupcake of the Day	**$6.00**

Questions?

Call 805-699-6618

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STAGECOACH CO.
WINE TOURS

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